

Your Work Your Way

Employment support for parents in couples

Are you?

- In a couple, with children under 16?
- Living in Luton?
- On Universal Credit or Tax Credits?
- Doing the majority of childcare, while your partner works?
- Wanting tailored support to explore your own work or training goals?

If you answered yes to those questions, you may be interested in support from our exciting new project – **Your Work Your Way**.

CPAG is offering personal support to help participants explore employment/self-employment or training options and see how much having a second income would improve your family finances. We will also help you overcome barriers to work such as childcare, transport, confidence or skills.

We can offer*:

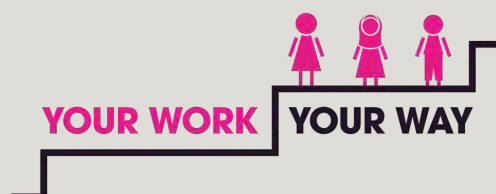
- Individualised support from an experienced support coach who understands the needs of parents
- A specialist benefits adviser to help maximise income
- Some funding for specific costs such as courses, travel or childcare

In return, you will be asked to share your experiences of the project via surveys and informal interviews to help CPAG to advocate for positive changes for all families.



For further details, please contact:
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*Please note: the project can offer tailored support until September 2022



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